



# THE COORDINATING CENTER

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## INSPIRED SOLUTIONS

### THE CENTER LINE

December 2016

#### HAPPY HOLIDAYS



The Coordinating Center wishes you a happy holiday season and a peaceful new year.

[WATCH OUR HOLIDAY VIDEO](#)

#### WHAT'S NEW



Since September, The Coordinating Center has been providing community health coaching to seniors living in Montgomery

County and parts of Prince George's County through the WISH Program. WISH aims to reduce avoidable hospital use by connecting people age 65+ to the support and services they need to remain healthy and independent. The program is part of the Nexus Montgomery Regional Partnership and is funded by the Maryland Health Services Cost Review Commission (HSCRC) for System Transformation.

#### A DREAM JOB



Being diagnosed with a rare blood disorder at the age of five, Cara spent a lot of time in hospitals. So much so, that she developed strong bonds with the nurses who cared for her. Those bonds led her to pursue a nursing career and Cara is now an Emergency Room nurse at

Seniors who are living independently and have Medicare may be eligible for free health coaching. Coaches will help individuals develop a plan, identify personal goals, review prescriptions and help manage new medications, coordinate health services and provide information about community resources and programs.

If you or a loved one would benefit from the WISH program, call 301-628-3177. Language interpretation is available free of charge.

#### MAKING A DIFFERENCE

Thanks to our sponsors, donors, board members,

Peninsula Regional Medical Center.

## [READ CARA' STORY](#)

### REACHING OUT TO THOSE IN NEED



Thanks to donations from coworkers and CenterFlix attendees, The Coordinating Center created 183 care bags for individuals experiencing homelessness. Coworkers will be distributing these bags to individuals throughout the state during the winter months.

The bags, which were originally the idea of coworker, Jalisa Bell, contain hygiene products, snacks and winter items such as hats, scarves and gloves. "It was really eye opening for me to see how easy it is to show people in need that we see them and that we care," said Jalisa. "My coworkers have always been extremely supportive of my independent efforts over the last few years, so I was really excited to continue this project with them."

coworkers and guests, our 2nd Annual CenterFlix fundraiser at the Baltimore Museum of Art, was a huge success! With your generous donations, we were able to raise more than \$63,000 for our Family Resource Fund.



You can continue to make a difference all year long by shopping online at the below sites. A percentage of your purchases will benefit The Family Resource Fund:

- [Impact Shopping](#), which offers more than 500 stores.
- [Amazon Smile](#) and designate **The Coordinating Center for Home and Community Care, Inc.** as the organization you are supporting

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[www.coordinatingcenter.org](http://www.coordinatingcenter.org)

