



THE COORDINATING CENTER

INSPIRED SOLUTIONS

THE CENTER LINE

March 2017

2017 LEGISLATIVE UPDATE



[CLICK TO LEARN](#) more about some of the issues we are following this legislative session.

BOARD CHAIR NAMED TO TOP 100 WOMEN



Congratulations to Elizabeth Weglein, The Coordinating Center's Board Chair, for being named one of *The Daily Record's* Top 100 women of 2017. Ms.

Weglein is the CEO of the Elizabeth Cooney Personnel Agency and has served on The Center's Board of Directors for the past six years.

The Daily Record's "Top 100 Women" recognizes those who are successful leaders, dedicated mentors and community advocates.

HELPING INDIVIDUALS WHO EXPERIENCE HOMELESSNESS

The Coordinating Center continues to focus on population health and has been working with Frederick Memorial Hospital to



GET WELL
Coaching and Care Coordination

improve health outcomes and reduce readmission rates for people with complex needs since 2015. The Get Well program helps people remain healthy and out of the hospital by providing a free coach to work with discharged individuals who need assistance with coordinating resources and services. Since the program's inception, the Get Well team has helped 540 people, 20% of whom were individuals experiencing homelessness.

"People are challenged to manage complex medical issues and health needs without having safe housing," says Sarah Ford, Get Well Health Coach. "This often leads to frequent hospital encounters, which may be avoidable if the person had a safe living situation."

Sarah and Get Well Nurse Coordinator, Chris Parsons, work in concert with various systems to secure and support a safe place to live. When a person experiencing homelessness is discharged from the hospital, Sarah and Chris use client support dollars to pay for a night or two at the local hotel. Then, they work closely with the Frederick Memorial Hospital Care Management Team and local housing coalitions to find temporary housing.



The Coordinating Center is helping seniors in Montgomery County and parts of Prince George's County remain healthy and out of the hospital, providing coaching and care coordination through the WISH Program. Since October 2016, the WISH Team has helped more than 300 seniors.

Recently, the WISH Program was highlighted on Montgomery County's [Seniors Today](#) television program and in the [Beacon](#), a local newspaper.

"The people I get to support are so grateful for my attention to their needs and I am so grateful to get to be a support," said Sarah. "Even the smallest and seemingly simple contributions to someone's well-being have huge impacts on lives."

MAKING A DIFFERENCE



Walking into Michael's home, it is evident he is a sports fan. Scanning his bedroom, you will see hats, jerseys and memorabilia. On the day we sat down with him, he was wearing a Redskins' long sleeve t-shirt, a team hat and a maroon and gold beaded necklace and bracelet, which he made. Making jewelry is just one of the hobbies Michael enjoys. "I like

to stay busy," he said. "If I am focusing my energy on doing things, I don't have time to think about my injury."

[READ MORE OF MICHAEL'S STORY](#)

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