



THE COORDINATING CENTER

INSPIRED SOLUTIONS

THE CENTER LINE

December 2017

HAPPY HOLIDAYS



Happy holidays from our family to yours! Wishing all of our friends and supporters a joyous holiday season and happy new year. Thank you for your continued support of The Coordinating Center and the people we are privileged to serve.

[WATCH OUR HOLIDAY VIDEO](#)

BOARD SPOTLIGHT

The Coordinating Center would like to welcome our newest Board Members:



Dr. Andrey Ostrovsky is a practicing physician at Children's National Health System, a health policy leader, and social entrepreneur. Dr. Ostrovsky has held

prominent positions including Chief Medical Officer of CMS and CHIP Services, and has led teams at the World

DAILY RECORD RECOGNIZES KAREN-ANN LICHTENSTEIN

Congratulations to Karen-Ann Lichtenstein, President/CEO, who was named an ICON award winner by the Daily Record. ICON winners are recognized for their notable success and demonstration of strong leadership both within and outside of their chosen field.



Ms. Lichtenstein started as a health care consultant and health policy analyst at The Coordinating Center in 1985 and was named President/CEO in 1994. "Over the past 40-odd years of my career, I have been committed to educating Marylanders, the Maryland business community, and the community at large around the inclusion of people with disabilities," she said. "An unrelenting and strong advocate and champion for individuals with disabilities and complex needs, I have overseen the dramatic growth of The Center, from its humble beginnings serving 50 children with the most complex medical needs, moving them from hospitals to homes, to the expansion of the numbers of programs administered through the center, which today includes 10,000 people of all ages and over 300 coworkers."

Health Organization, United States Senate, and San Francisco Health Department toward strengthening health systems through technology. Dr. Ostrovsky has contributed to legislation at the local and national level to advance care delivery for vulnerable populations. Dr. Ostrovsky is a published researcher in public health informatics, quality improvement, healthcare innovation, social entrepreneurship, and care coordination.



Carole Lowe-Nedab is a Budget Manager in the Office of Management and Budget for Prince George's County. She serves as the lead for the County's Enterprise Resource Planning

Program implementation. As a parent of two children, one of whom had special healthcare needs, Ms. Lowe-Nedab understands the importance of care coordination services for children and their families. In memory of her daughter, Kendal Sophia Nedab, she established the KSN Foundation. Because of her compassion for others, the foundation will provide support to those seeking to develop the character of youth beyond academics.



Naftali Rabinowitz, our consumer representative, is a passionate advocate for children with special healthcare needs. Mr. Rabinowitz currently studies Jewish Rabbinic Law

at Ner Israel Rabbinical College in Baltimore and during his free time volunteers for Kids of Courage, a

THE COORDINATING CENTER GIVES BACK TO THE COMMUNITY



This year in honor of The Coordinating Center's 35th anniversary, more than 300 coworkers will have the opportunity to give back to the communities in which they live and work. Launching "A Year of Service" has helped create positive team building experiences for coworkers, and at the same time has resulted in life-changing volunteer experiences. "It's amazing how much can be accomplished in such a short period of time. In just three hours at Maryland Food Bank, we packed 6,000 pounds of meat! Volunteering with coworkers we don't get to see every day was truly rewarding," Karen-Ann Lichtenstein, The Center's President/CEO.

The Coordinating Center's Year of Service launched in October 2017 to coincide with the beginning of The Center's new fiscal year. Since the launch, nearly 80 coworkers have volunteered at nine different sites across Maryland including the Maryland SPCA, Anne Arundel County's Homeless Resource Day, Itineris Baltimore, Feed A Family, Maryland Food Bank, Kennedy Krieger, A Wider Circle, Sarah's House, and Crownsville Cemetery.

[READ MORE ABOUT THE CENTER'S YEAR OF SERVICE](#)

CENTERFLIX OPPORTUNITIES

nonprofit organization that helps children with chronic disabilities to have the opportunity to travel. As a young adult born with Spina Bifida, Naftali is passionate in helping children achieve their goals.

WISH HELPS SENIORS REMAIN INDEPENDENT

The WISH Program helps seniors living in Montgomery County and parts of Prince George's County stay healthy and independent. Health Coaches work with



seniors to develop goals and create plans so they remain healthy and out of the hospital, living in their own home.

Steve, a 69-year-old participant in the WISH Program, worked for much of his life as an air traffic controller. He knows a thing or two about handling stressful situations. When an unexpected and urgent need to move presented itself this summer, Steve felt lost and under pressure. He had many concerns: Where was he going to live? Would he be able to bring his belongings? Furthermore, how could he possibly move everything in time? It was during this stressful and uncertain period that a WISH Health Coach from The Coordinating Center was there to offer Steve help.

[CONTINUE TO READ STEVE'S STORY](#)



The Coordinating Center's 3rd Annual CenterFlix Fundraiser will take place on **May 10, 2018** at the American Visionary Art Museum. Our goal is to raise \$100,000+ for the Family Resource Fund. Proceeds benefit people with disabilities and complex needs by providing financial assistance when no other support is available.

Special thanks to Anne Arundel Medical Center, Automatic Nursing Care Services, Baltimore Business Journal, Bon Secours Health System, Enterprise Community Partners, Erickson Living, Millennium Marketing Solutions, Mustardseed HealthCare Services, UBS Financial Services, University of Maryland Health Partners, Peggy Bailey, Dr. Alan Fields, Thomas H. Hall, Sally S. Hebner, James Karpook, Carole Lowe-Nedab, Joseph Machicote, Martha Riva, Elizabeth Weglein, and all of our other sponsors listed [HERE](#). Interested in being a sponsor? Check out the sponsorship [opportunities](#) today!

New to CenterFlix this year is our first-ever video contest. We are looking for videos of individuals in action in the community showcasing their abilities.

Contest Information

- We encourage videos featuring people in action in the community.
- Children, youth and adults show us YOUR ABILITIES!
- The submission deadline is February 1, 2018.
- Winning films will be featured at CenterFlix.
- All videos will become part of The Center's permanent collection.

[LEARN HOW TO SUBMIT A VIDEO](#)

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