Finding a Voice Through Self-Advocacy

**Presented by:** Megan Bazzett, MS, CPRP, CFRP, CFP Program Director

**Tuesday, March 19th | 12:00 p.m.**

Understand what self-advocacy is, its importance, and how to advocate for yourself or a loved one.

Learn about:
- Key terms
- Strategies for self-care
- Building support networks
- Advocacy resources

Transitioning to Adulthood

**Presented by:** Alyssa Stoffel, MS, RN, CPN, CCM and Sheryl Nickel, BSN, RN, CPN, CCM

**April 16th | 12:00 p.m.**

This workshop is designed to guide families and caregivers of children living with disabilities and/or complex medical needs through the pivotal journey of transitioning youth and offers an introduction to:
- Importance of the transitioning youth process
- Advocacy programs and resources for transitioning youth
- Important milestones and timeline for the transitioning youth process

ABLE Accounts: A Financial Planning Tool for People with Disabilities and their Families

**Presented by:** Kelly Nelson, Outreach and Communications Manager, Maryland ABLE

**May 21st | 12:00 p.m.**

Overview of how ABLE accounts can help people with disabilities and their families to save and invest for the future without jeopardizing federal, state, and local benefits such as SSI and Medicaid.

Learn about:
- The eligibility criteria
- Enrollment process
- Features of a Maryland ABLE account, the account management process.
- How this can help your student develop financial literacy skills.

Learn more and register: [www.coordinatingcenter.org/webinar/](http://www.coordinatingcenter.org/webinar/)

View past webinars here: [www.coordinatingcenter.org/webinar-archive/](http://www.coordinatingcenter.org/webinar-archive/)